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JC693 U.S. PTO
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PATENT

IN THE UNITED STATES PATENT AND TRADEMARK OFFICE

Applicant: Stearns

Title: EXERCISE METHODS AND APPARATUS

A continuation-in-part of:

Serial No. 09/570,278

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MAKell
Mark A. Krull

TRANSMITTAL SHEET

Assistant Commissioner for Patents
Box Patent Application
Washington, D.C. 20231

Dear Sir:

The following items are enclosed:

1. Patent Application for EXERCISE METHODS AND APPARATUS, including:
 - 22 pages of specification
 - 6 claims (3 independent)
 - 11 sheets of drawings
 - 1 page of Abstract
2. Return Postcard

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